

# The Combs and Finborough News Sheet

Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland



## WELCOME

As we keep in touch, pray and support each other

### 1<sup>st</sup> March 2026 : The Second Sunday of Lent

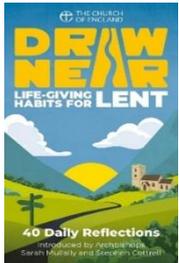
#### Church Services Today:

9.00 am	Holy Communion	Little Finborough
9.30 am	Morning Worship	Harleston
9.30 am	Spiritual Communion	Zoom Service*
11.00 am	All Age Worship	Combs Church Hall

\* Join Zoom Meeting - Meeting ID: 882 6049 3673 Passcode: 022305

<https://us02web.zoom.us/j/88260493673?pwd=dC9qbG5odVpyUktwcm56bGFxSlBqUT09>

#### Our Lent Course



This year as usual we will be running a Lent course and will be using the 'Draw Near' booklet from the Church of England. It includes 40 daily reflections and life giving habits for Lent. The course will be run on Zoom on Thursday mornings at 10am, beginning on Thursday, 19<sup>th</sup> February. The Zoom link to join the course sessions can be found below. Many thanks.

<https://us02web.zoom.us/j/83051990784?pwd=RGdrV3JqSVlGL2crd2ZhVEkwQU9ZZz09> Meeting ID: 830 5199 0784 Passcode: 790659



#### World Day of Prayer – Friday 6<sup>th</sup> March

The World Day of Prayer this year will be held at Shelland Church on Friday 6<sup>th</sup> March, starting at 2.30pm. The material this year has been prepared by the women of Nigeria and there will be refreshments served after the service.

#### Forthcoming Events

**5<sup>th</sup> March** – Churchwardens' meeting, 7pm at Trinity Hall, Onehouse

**6<sup>th</sup> March** – World Day of Prayer service, 2.30pm at Shelland Church, Shelland

**7<sup>th</sup> March** – Lent Lunch, 12pm to 2pm at Combs Rectory, Combs Ford

**9<sup>th</sup> March** – Rural Coffee Caravan, 10am to 12pm at Trinity Hall, Onehouse

**9<sup>th</sup> March** – Rural Coffee Caravan, 1pm to 3pm at Harleston Church, Harleston

**9<sup>th</sup> March** – Harleston PCC meeting, 7.00pm at Trinity Hall, Onehouse

**11<sup>th</sup> March** – Lent Lunch, 12pm to 2pm at Maple Lodge, High Road, Great Finborough

**12<sup>th</sup> March** – Rural Coffee Caravan, 10am to 12pm at Combs Green, Combs

**14<sup>th</sup> March** – Buxhall Tea Room, 12pm to 3pm at Buxhall Village Hall

**21<sup>st</sup> March** – Messy Church for Easter!, 10.30am to 12pm at Trinity Hall, Onehouse

**25<sup>th</sup> March** – Deanery Synod, 7.30pm at the Village Hall, Earl Stonham

### **Meet Up Mondays in Church Hall, Combs**

Our next meeting will be a special and will take place on **2<sup>nd</sup> March 2026** from 11.30am to 1.30pm, tickets must be booked by contacting Revd Alison on 01449 541794. All most welcome.

### **Wednesday Mornings in Trinity Hall, Onehouse**

9.30am Wednesdays Said Holy Communion followed at 10.30am by coffee and cake. All welcome.

### **Saturday Morning Prayer on Zoom at 10am**

Join us for a short service of Morning Prayer on Zoom, this is the link to join the service - Meeting ID: 845 3783 4344 Passcode: 916836

<https://us02web.zoom.us/j/84537834344?pwd=dmZRdXpkbXNpUk15aVNjdzMwdmg5dz09>

### **Prayer Group**

We have a group of people from across the Benefice who pray individually and privately for anyone who asks for prayerful support, whatever the situation may be. All information given is kept totally confidential. Our only request is that the person receiving prayer gives their consent. If you or someone you know would welcome prayer, please contact Elizabeth Mooney at [emooney6@sky.com](mailto:emooney6@sky.com).

### **Collect for the Second Sunday of Lent**

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.



### **Readings**

#### **The New Testament reading is taken from Romans 4.1-5, 13-17**

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that

he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

This is the word of the Lord: **Thanks be to God.**

### **The Holy Gospel is taken from John 3.1-17 : Glory to you O Lord**

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things? 'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

This is the Gospel of the Lord. **Praise to you O Christ.**

### **Intercessions**

Holy God, during this period of Lent, give us a new awareness of your presence in our benefice and teach us the humility to accept that all our gifts come from you to be used in the service of your people and in the spreading of the Gospel.

Lord hear us, **Lord Graciously hear us**

Gracious God, we pray for all in authority that they may never be tempted to abuse or misuse their power. Help and guide them to show wisdom and resolve in the search for reconciliation and peace and so bring peace and prosperity to every corner of the world.

Lord hear us, **Lord Graciously hear us**

Creator God your son walked upon earth and taught us to seek your hand in the beauty and wonders of earth and sea and the sky. Help us to recognise your presence in our modern world, and to use more wisely the resources of the earth.

Lord hear us, **Lord Graciously hear us**

Loving God, let us pray for all who are sick in mind, body and spirit, and for all who are in hospital, for the medical staff and carers, that they may be aware that the Lord is with them in their troubles.

Lord hear us, **Lord Graciously hear us**

Merciful God, you know when our hearts are broken by bereavement. In the midst of ongoing sorrow, help us to rejoice in the comfort of the hope and encouragement, that your promise of eternal life brings to all who believe in Jesus.

Lord hear us, **Lord Graciously hear us**

Everlasting God, may we show and share our love and trust for you wholeheartedly, today, as we go back out into the world and through every day of our Lenten journey.

Merciful Father: **Accept these prayers for the sake of your Son our Saviour Jesus Christ. Amen.**

**Services for 8<sup>th</sup> March: The Third Sunday of Lent**

9.30 am	Morning Worship	Shelland
9.30 am	Holy Communion	Buxhall
11.00 am	Morning Worship	Great Finborough
11.00 am	Holy Communion	Onehouse

**Please remember the families and loved ones of those who have recently died including Sarah Gascoine. May they Rest in Peace and Rise in Glory.**

As a Group of Churches we are committed to promoting a 'Safer Church' for all. Information relating to Safeguarding is available in all our churches and from our Diocesan Website <https://www.cofesuffolk.org/promoting-a-safer-church>

**Rector: Revd Sarah Jenkins 01449 676065 [revdsarahjenkins@gmail.com](mailto:revdsarahjenkins@gmail.com)**

**Associate Priest: Revd Canon Pauline Higham 01449 771791  
[paulinehigham@googlemail.com](mailto:paulinehigham@googlemail.com)**

**Revd Alison Lay 01449 541794 [alidivineone@gmail.com](mailto:alidivineone@gmail.com)**

**Assistant Curate: Revd Andy Little 07757 284676 [revdandylittle@gmail.com](mailto:revdandylittle@gmail.com)**