

## The Combs and Finborough News Sheet

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Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland

### WELCOME

As we keep in touch, pray and support each other

### 14<sup>th</sup> July 2024: Seventh Sunday after Trinity

#### Church Services Today

9.30 am	Morning Worship	Shelland
9.30 am	Holy Communion	Buxhall
11.00 am	Holy Communion	Onehouse
11.00 am	Morning Worship	Great Finborough

#### Dedication of the Paupers' Graves Memorial, Onehouse

On Friday, 19<sup>th</sup> July 2024 at 10.30am we will be unveiling the Memorial Plaque to the paupers buried in the Stow Union Workhouse graveyard, Onehouse. All residents of the 14 parishes of the Old Stow Hundred are welcome to come along to the unveiling and short Dedication Service. The volunteers of the Paupers Team are very grateful to the County Councillors, District Councillors, Onehouse Parish Council and the private donor whose donations have made this achievement possible. We can now acknowledge and remember the over 300 people sadly buried there with only a cast iron number on a wooden cross, and give them the dignity in death that they were denied in life. The Villages in the Old Stow Hundred are Buxhall, Combs, Creeting St Peter, Gipping, Great Finborough, Harleston, Haughley, Little Finborough, Old Newton, Onehouse, Shelland, Stowmarket, Stowupland, and Wetherden.

#### Save the Date – Benefice Quiet Day

We will be holding a benefice quiet day on Saturday, 28<sup>th</sup> September in Stowupland. Further details to follow but please keep the date free in your diaries!

#### Forthcoming Events

16<sup>th</sup> July – Onehouse PCC, 7.30pm, Trinity Hall, Onehouse

17<sup>th</sup> July – Shelland PCC, 7.30pm, Shelland Church

19<sup>th</sup> July – Dedication of Paupers' Graves Memorial, 10.30am, Paupers' Graves, Onehouse

20<sup>th</sup> July – Strawberry Fayre, 2pm to 4.30pm Combs Rectory, Poplar Hill, Combs Ford

22<sup>nd</sup> July – Little Finborough PCC, 7.30pm, Little Finborough Church

24<sup>th</sup> July – Great Finborough PCC, 7pm, Great Finborough Church

31<sup>st</sup> July – Meeting about setting up Friends' Groups, 7pm at Trinity Hall, Onehouse

## **Meet Up Mondays in Church Hall, Combs**

Our next meeting will take place on 22<sup>nd</sup> July from 10.30am to 12.30pm, please contact Revd Alison on 01449 541794 if you require further details. All most welcome.

## **Wednesday Mornings in Trinity Hall, Onehouse**

9.30am Wednesdays Said Holy Communion followed at 10.30am by coffee and cake.

## **Saturday Morning Prayer on Zoom at 10am**

Join us for a short service of Morning Prayer on Zoom, this is the link to join the service <https://us02web.zoom.us/j/84537834344?pwd=dmZRdXpkbXNpUk15aVNjdzMwdmg5dz09>  
Meeting ID: 845 3783 4344 Passcode: 916836

## **Prayer Group**

We have a group of people from across the Benefice who pray individually and privately for anyone who asks for prayerful support, whatever the situation may be. All information given is kept totally confidential. Our only request is that the person receiving prayer gives their consent. If you or someone you know would welcome prayer, please contact Elizabeth Mooney at [emooney6@sky.com](mailto:emooney6@sky.com).

## **Collect for the Seventh Sunday after Trinity**

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.



## **Readings**

### **The New Testament Reading is taken from Ephesians 1.3-14**

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

This is the word of the Lord: **Thanks be to God.**

## **The Holy Gospel is taken from Mark 6.14-29**

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.' For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord. **Praise to you O Christ.**

### **Intercessions**

To God the Father who created the world, To God the Son who redeemed the world, To God the Holy Spirit who sustains the world; be all praise and glory now and forever.

Everlasting God we pray that all who come in to our churches may be enabled to renew their relationship with you and may find in you rest, peace, strength, grace and most of all your abiding presence. Help us as congregations to be outward looking and that through our fellowship we may share our faith and the Gospel of your Son Jesus Christ with those who we love and live amongst.

Lord, in your Mercy: **Hear our Prayer**

Creator God we pray for the people of our world who are less fortunate than we are, especially those who live in the third world, in countries where there is very little governmental stability and in countries where there is drought or famine. Help us to remember those who are weary with the relentless struggle to keep alive; for those who can never look forward to a good meal and a comfortable bed, and those who barely have the necessities of life, much less so many material luxuries which we so often take for granted.

Lord, in your Mercy: **Hear our Prayer**

Father God may the needs of our families, friends and neighbours be made clear to us today, and may we find that in our giving to them we grow closer to you. We thank you for those whose work sustains the communities in which we live; for those who grow and provide our

food, for those who, day and night, maintain public services; for the police, and emergency services, and for all whose work is in the local health service

Lord, in your Mercy: **Hear our Prayer**

Healing God, we raise before you those who are sick. We ask that you will ease their pain and heal the damage done to them in body, mind or spirit. Be present with them through the support of friends and in the care of doctors and nurses, fill them with the warmth of your love now and always.

Lord, in your Mercy: **Hear our Prayer**

Merciful God we commend into your hands those whom we have loved and now have lost. You gave them breath, and loved and cared for them throughout their lives. Receive them now in your eternal kingdom and "May they rest peace and rise in glory".

Lord, in your Mercy: **Hear our Prayer**

Faithful God we dedicate all these people and petitions to your loving care. Give us the strength and courage to walk alongside those in need, to fight for justice for the oppressed and to allow others to see you in us and in all that we do in the coming week.

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ.**

**Amen.**

God of peace and justice, we pray for the people of Ukraine, Israel and Gaza today. We pray for peace and the laying down of weapons. We pray for those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace. **Amen.**

### **Services on 21<sup>st</sup> July: Eighth Sunday after Trinity**

9.30 am	Holy Communion	Harleston
11.00 am	Family Communion	Combs
6.00 pm	Evensong	Little Finborough
6.00 pm	Compline	Zoom Meeting

**Please remember the families and loved ones of those who have recently died including Sylvia Green. May they Rest in Peace and Rise in Glory.**

As a Group of Churches we are committed to promoting a 'Safer Church' for all.  
Information relating to Safeguarding is available in all our churches and from our Diocesan Website <https://www.cofesuffolk.org/safeguarding>

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