

The Combs and Finborough News Sheet

Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland



WELCOME

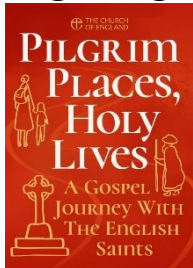
As we keep in touch, pray and support each other

19th July 2026 : The Seventh Sunday after Trinity

9.30 am	Holy Communion	Harleston
11.00 am	Family Communion	Combs
2.30 pm	Paupers' Graves Service	Paupers' Graves Site, Onehouse*
6.00 pm	Evensong	Little Finborough

* Please bring your own chair to this service

Pilgrimage Short Course and Quiet Day



We will be holding a short course using this resource, 'Pilgrim Places, Holy Lives'. Through eight places of spiritual awakening and the saints associated with them, we will be exploring the ancient practice of pilgrimage. From Durham to Canterbury, it will help you reflect on what it means to live as a pilgrim on a purposeful journey through life. The course will take place at the Rectory in Combs Ford, at 10am on the 23rd

July, 30th July, 6th August and 13th August. If you would like to book a place please let Revd Sarah know. Following on from the course we will be holding a benefice quiet day on Saturday, 5th September in Stowupland. The day will be led by Revd Canon Mark Haworth, Cathedral Chaplain, on the theme of pilgrimage. The venue is Stowupland Church Hall with a start time of 10am for coffee, please bring a packed lunch with you and we anticipate the day finishing by around 3pm. There is no cost involved but donations would be welcomed. Places are limited so please email revdsarahjenkins@gmail.com to book a place.

Forthcoming Events

19th July – Paupers' Graves Thanksgiving Service, 2.30pm at the Paupers' Graves site, Onehouse (please bring a chair)

23rd July – Pilgrimage Course, 10am, the Rectory, 135 Poplar Hill, Combs Ford, IP14 2AY

27th July – Great Finborough PCC meeting, 7pm at St Andrew's church, Great Finborough



30th July – Pilgrimage Course, 10am, the Rectory, 135 Poplar Hill, Combs Ford, IP14 2AY

30th July – Shelland PCC, 7.30pm King Charles the Martyr church, Shelland

1st August – Buxhall Church Open Day, 10am to 3pm, St Mary's church, Buxhall

Meet Up Mondays in Church Hall, Combs

Our next meeting will take place on **27th July 2026** from 10.30am to 12.30pm, for further details please contact Revd Alison on 01449 541794. All most welcome.

Wednesday Mornings in Trinity Hall, Onehouse

9.30am Wednesdays Said Holy Communion followed at 10.30am by coffee and cake. All welcome.

Saturday Morning Prayer on Zoom at 10am

Join us for a short service of Morning Prayer on Zoom, the link to join this service can be found on the back page of this Pew Sheet.

Prayer Group

We have a group of people from across the Benefice who pray individually and privately for anyone who asks for prayerful support, whatever the situation may be. All information given is kept totally confidential. Our only request is that the person receiving prayer gives their consent. If you or someone you know would welcome prayer, please contact Elizabeth Mooney at emooney6@sky.com.

Collect for the Seventh Sunday after Trinity

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Readings

The New Testament reading is taken from Romans 8.12-25

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh, for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba! Father!' it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until

now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

This is the word of the Lord: **Thanks be to God.**

The Holy Gospel is taken from Matthew 13.24-30,36-43 : Glory to you O Lord

He put before them another parable: 'The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, "Master, did you not sow good seed in your field? Where, then, did these weeds come from?" He answered, "An enemy has done this." The slaves said to him, "Then do you want us to go and gather them?" But he replied, "No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'" Then he left the crowds and went into the house. And his disciples approached him, saying, 'Explain to us the parable of the weeds of the field.' He answered, 'The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!

This is the Gospel of the Lord. **Praise to you O Christ.**

Intercessions

Let us join together in praying to God for the needs the church, the world, our communities and ourselves, trusting in his love which reaches out from before the foundation of the world.

We pray for God's church, especially for the people he has called to be prophets and teachers in our generation. We pray that they will be strengthened and protected by the Holy Spirit.

Lord, in your mercy, **hear our prayer**

We pray for the leaders of the world carrying responsibilities for the lives of their people. We pray for all victims of the world's injustices and for a new spirit of righteousness and integrity in the hearts of the powerful.

Lord, in your mercy, **hear our prayer**

We pray for the people of our benefice especially for those who feel excluded, exploited or ignored. We pray that as God's people we may work to build a community as open and generous as God's love shown to us in Christ Jesus.

Lord, in your mercy, **hear our prayer**

We pray that God will bring healing in mind, body and spirit to all who are troubled. We pray that in lives darkened by any kind of pain, distress or grief the light of Christ will bring comfort, hope and a sense of God's all encompassing love.

Lord, in your mercy, **hear our prayer**

We pray for those who have died and are now at peace. We remember all who mourn the loss of loved ones, may they be aware of God's comforting presence at such a challenging time.

Lord, in your mercy, **hear our prayer**

God and Father of our Lord Jesus Christ, hear these prayers we offer you in his name. By the power of your Holy Spirit work within us and among us to bring your kingdom values into this world. Let your will be done so that all people may live only for your praise and glory.

Merciful Father, **Accept these prayers for the sake of your Son our Saviour Jesus Christ. Amen.**

Service for 26th July : The Eighth Sunday after Trinity

9.30 am	Morning Worship	Buxhall
9.30 am	Holy Communion	Shelland
11.00 am	Morning Worship	Onehouse
11.00 am	Holy Communion	Great Finborough

**Please remember the families and loved ones of those who have recently died including Geoff Skinner, David Thorpe and David Mason.
May they Rest in Peace and Rise in Glory.**

As a Group of Churches we are committed to promoting a 'Safer Church' for all. Information relating to Safeguarding is available in all our churches and from our Diocesan Website <https://www.cofesuffolk.org/promoting-a-safer-church>

Please use this link for all services held on Zoom:

<https://us02web.zoom.us/j/4703781299?pwd=doep7y6JYxvOllXsxROxnbezlda9ME.1>

Meeting ID: 470 378 1299 – Password: Benefice

Rector: Revd Sarah Jenkins 01449 676065 revdsarahjenkins@gmail.com

**Associate Priest: Revd Canon Pauline Higham 01449 771791
paulinehigham@googlemail.com**

Revd Alison Lay 01449 541794 alidivineone@gmail.com

Assistant Curate: Revd Andy Little 07757 284676 revdandylittle@gmail.com