

# The Combs and Finborough News Sheet

Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland



## WELCOME

As we keep in touch, pray and support each other

### 20<sup>th</sup> July 2025 : The Fifth Sunday after Trinity

#### Church Services Today:

9.30 am	Service on the Green	Harleston
11.00 am	Family Communion	Combs
2.30 pm	Service of Thanksgiving	Paupers' Graves Site, Onehouse (please bring a chair)
6.00 pm	Evensong	Little Finborough
6.00 pm	Compline	Zoom Meeting*

\*<https://us02web.zoom.us/j/84498102004?pwd=ZEpNWk5EQnJJSFYrWIY5a3R2>

WUJOUT09 Meeting ID: 844 9810 2004 Passcode: 454033

#### Demonstration of Sacred Circle Dancing

Onehouse circle dancers will be dancing sacred dances in Shelland church on Tuesday, 29<sup>th</sup> July from 2pm to 3pm. You are most welcome to come and observe this spiritually reflective form of dance to inspiring music.

#### Quiet Day – Saturday, 9<sup>th</sup> August 2025

We will be holding a benefice quiet day on Saturday, 9<sup>th</sup> August in Stowupland. The theme for the quiet day will be the story of the Road to Emmaus. The venue is Stowupland Church Hall with a start time of 10am for coffee, please bring a packed lunch with you and we anticipate the day finishing by around 3pm. There is no cost involved but donations would be welcomed. Places are limited so please email [revdsarahjenkins@gmail.com](mailto:revdsarahjenkins@gmail.com) to book a place.

#### Forthcoming Events

**27<sup>th</sup> July** – Healing and Wholeness Service, 3pm, St Mary's, Combs

**2<sup>nd</sup> August** – Buxhall & Shelland Fete, 11am to 3pm, St Mary's, Buxhall

**4<sup>th</sup> August** – Little Finborough PCC, 7.30pm, The Rectory, Combs Ford

**5<sup>th</sup> August** – Onehouse PCC, 7.30pm, Trinity Hall, Onehouse

**9<sup>th</sup> August** – Benefice Quiet Day, 10am to 3pm, Church Hall, Stowupland (see above)

**11<sup>th</sup> August** – Rural Coffee Caravan, 2pm to 4pm, Harleston Green

**11<sup>th</sup> August** – Buxhall PCC, 7.30pm, St Mary's, Buxhall

**14<sup>th</sup> August** – Rural Coffee Caravan, 10am to 12pm, Combs Green, Combs

## **Meet Up Mondays in Church Hall, Combs**

Our next meeting will take place on **28<sup>th</sup> July 2025** from 10.30am to 12.30pm, please contact Revd Alison on 01449 541794 if you require further details. All most welcome.

## **Wednesday Mornings in Trinity Hall, Onehouse**

9.30am Wednesdays Said Holy Communion followed at 10.30am by coffee and cake.

## **Saturday Morning Prayer on Zoom at 10am**

Join us for a short service of Morning Prayer on Zoom, this is the link to join the service

<https://us02web.zoom.us/j/84537834344?pwd=dmZRdXpkbXNpUk15aVNjdzMwdmg5dz09> Meeting ID: 845 3783 4344 Passcode: 916836

## **Prayer Group**

We have a group of people from across the Benefice who pray individually and privately for anyone who asks for prayerful support, whatever the situation may be. All information given is kept totally confidential. Our only request is that the person receiving prayer gives their consent. If you or someone you know would welcome prayer, please contact Elizabeth Mooney at [emooney6@sky.com](mailto:emooney6@sky.com).

## **Collect for the Fifth Sunday after Trinity**

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

## **Readings**

### **The New Testament reading is taken from Colossians 1.15-28**

He is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross. And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him - provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden

throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

This is the word of the Lord: **Thanks be to God.**

### **The Holy Gospel is taken from Luke 10.38-end: Glory to you O Lord**

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.' But the Lord answered her, 'Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her.'

This is the Gospel of the Lord. **Praise to you O Christ.**

### **Intercessions**

Everlasting God, we pray today for your blessing to be upon our congregations and upon our churches. We bring our prayers to you, Lord of all nations, asking that your blessing of love and peace may be known to all people everywhere. Help us to bear abundant fruit from the seeds of potential that you have planted within us.

Lord, in your mercy: **hear our prayer**

Eternal God, Light of the nations, in Christ you make all things new: guide our nation in the coming days through the inspiration of your Spirit, that understanding may put an end to discord and all bitterness. Give us grace to rebuild bonds of trust that together we may work for the dignity and flourishing of all; through Jesus Christ our Lord.

Lord, in your mercy: **hear our prayer**

Father God, Your Son Jesus Christ enjoyed rest and Refreshment in the home of his friends. May we, like Martha, serve Christ faithfully in the person of our brothers and sisters; and like Mary, feed on his Word and grow in his love and grace. Give us the will to love you, open our hearts to hear you, and strengthen our hands to serve you in our families, churches and communities.

Lord, in your mercy: **hear our prayer**

Gracious God, we pray for your healing touch to rest upon those who are sick; your strength to be felt by those who are tired; your wisdom and your love to encourage those who live with despair and fear. We especially pray for those on our benefice prayer list.

Lord, in your mercy: **hear our prayer**

Mighty God, through the ministry of your son Jesus Christ you have freed us from the grip of the tomb. We pray for those who have departed this life and ask You, through

your loving kindness, to have mercy on their souls. We pray too for those bereaved by their passing.

Lord, in your mercy: **hear our prayer**

Almighty God, may your presence be seen clearly in what we do each day throughout the coming week. We pray that your joy and your love will flow freely in us and through us as we take up your yoke and follow where you lead us.

Merciful father: **accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen.**

**Services on 27th July: The Sixth Sunday after Trinity**

9.30 am	Morning Worship	Buxhall
9.30 am	Holy Communion	Shelland
11.00 am	Morning Worship	Onehouse
11.00 am	Holy Communion	Great Finborough
3.00 pm	Healing & Wholeness Service	Combs

**Please remember the families and loved ones of those who have recently died including Peter Theobald and Rosemary Gascoine.  
May they Rest in Peace and Rise in Glory.**

As a Group of Churches we are committed to promoting a 'Safer Church' for all. Information relating to Safeguarding is available in all our churches and from our Diocesan Website <https://www.cofesuffolk.org/promoting-a-safer-church>

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