

The Combs and Finborough News Sheet

Combs with Gt and Lt Finborough, Buxhall, Onehouse, Harleston and Shelland

WELCOME as we keep in touch, pray and support each other.



11th April 2021 2nd Sunday of Easter

Welcome to the **Zoom service of Holy Communion**. You might like to light a candle. Following Orthodox tradition you may wish to join us with a piece of bread as the 'Bread of Fellowship' given to those in their churches who do not receive the Sacrament.

Collect for today

Risen Christ,
for whom no door is locked, no entrance barred:
open the doors of our hearts,
that we may seek the good of others
and walk the joyful road of sacrifice and peace,
to the praise of God the Father.

Amen

Readings

The Epistle reading is taken from Acts 4:32-35

4:32 Now the whole group of those who believed were of one heart and soul, and no one claimed private ownership of any possessions, but everything they owned was held in common.

4:33 With great power the apostles gave their testimony to the resurrection of the Lord Jesus, and great grace was upon them all.

4:34 There was not a needy person among them, for as many as owned lands or houses sold them and brought the proceeds of what was sold.

4:35 They laid it at the apostles' feet, and it was distributed to each as any had need.

This is the word of the Lord **Thanks be to God**

Holy Gospel is taken from **John 20:19-31: Glory to you O Lord**

20:19 When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you."

20:20 After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord.

20:21 Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you."

20:22 When he had said this, he breathed on them and said to them, "Receive the Holy Spirit.

20:23 If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

20:24 But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came.

20:25 So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands and put my finger in the mark of the nails and my hand in his side, I will not believe."

20:26 A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you."

20:27 Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe."

20:28 Thomas answered him, "My Lord and my God!"



20:29 Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

20:30 Now Jesus did many other signs in the presence of his disciples, which are not written in this book.

20:31 But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

This is the Gospel of the Lord. **Praise to you O Christ**

Intercessions

Let us pray in the light of the resurrection.

Heavenly Father, Lord of all creation, Lord of the empty tomb. We marvel at the work of your hands and often frustrated at the frailty of our own as we endeavour to put your will for us it into action. So we come before you to ask our prayers and petitions in the name of Him whom you sent for our Salvation even Jesus Christ.

We pray for your Church, constantly adapting to an ever changing world whilst holding on to and proclaiming what is timeless and universal. Let it never lose its vision of establishing your kingdom here on earth, that it may use every opportunity to speak boldly of the truth that is of a risen Lord and Saviour of all. And let it find unity in doing your will.

Bless the work of your Church in the Province of the Indian Ocean; Joel Aleku in the Ngara Anglican Primary School in Kagera. Our Bishops Martin and Mike and the Sole Bay benefice with Simon Pitcher; Alan Perry and Judith Miller who minister there. Bless the work as we begin moving forward from the Covid 19 restrictions that those who pass through our doors may discover a friendship and fellowship that only comes from the love of Christ.

Lord in Your mercy. - **Hear our prayer**

We pray for peace in your world.

We remember all who work for peace between peoples and nations that they can draw inspiration from the life of Christ and so restore harmony where there once was discord and conflict.

We remember and pray for our own armed forces faced not only with military danger but the effects of extremes of climate in a harsh unforgiving environment far from home and loved ones. As they act in our name we pray for a time soon when they can all come home.

Lord in Your mercy. - **Hear our prayer**

We pray for this our nation, especially for those both in national government and local councils and faced with the task of making difficult decisions which will affect us all. We pray that all our elected leaders or appointed officials will always work together for the good of all sections of the community with wisdom, humility and justice.

We thank you and pray for those who, in following your example, show concern and compassion to others.

May those who give of their love to others know of your un-ending love in their own lives also. We pray for the schools in our area as they return from the Easter holidays. Be with all members of staff and pupils keeping them safe and well.

Lord in Your mercy. - **Hear our prayer**

Lord Jesus, comforter and healer to those in both physical, mental and spiritual need we bring before you those known to us personally who are in that need at this time. We name them in our hearts in a moment of silence and are emboldened to ask that your healing touch may be felt in their lives (silence).

All these we hold up to you and commit to your loving care.

Lord in Your mercy. - **Hear our prayer**

We thank you Lord for the opportunities in the life of our church to offer support and comfort to the bereaved. So we pray for those who face that pain of grief at the loss of a loved one; for we can boldly claim that Jesus Christ is the Light of the World, a light which no darkness can quench. We remember before God those who have died Roland Rose.

Lord in Your mercy. - **Hear our prayer**

A final prayer for ourselves:

Risen Lord as we go out into the world we ask no more than that you walk with us each day and see as Thomas saw and open our eyes to the vision you have for each one of us.

Let our faith in your resurrected glory be like that of Thomas so that we too can declare my Lord and my God.

Dear Lord, call to our churches a true Shepherd, a man or woman of God, a minister of Christ, and make us, with him or her, a church joyful in worship and united in witness, working, caring, praising, loving, to the glory of your Name, through Christ Our Lord.

Merciful Father,

**accept these prayers, for the sake of your Son,
our Saviour Jesus Christ. Amen**

Stowmarket Foodbank

Supporting individuals and families in crisis

Your donations are very gladly received at this time of considerable need either by being left at a Supermarket in the box provided or in the Box outside the Food Bank in the Community Centre Hillside Stowmarket between 9 and 1

each weekday. **Monetary donations may be made through kindlink which can be reached by their website: www.livingit.org.uk There is a red donate button.**

I am available together with Rev Alison and members of the Ministry Team for conversations with anyone of you. It is a worrying and most difficult time. The Churchwardens and PCC Chairpersons are meeting to consider how best to respond to the present situation and I know many of you are doing all you can to support those in need both financially and perhaps more importantly with your time. We hope to open our churches very gradually for services subject to regulations and to continue our services on Zoom. Canon Pauline

GDPR

Thank you to all who have returned their GDPR forms it has helped us tremendously. If you have not still returned yours please do so as we have had to remove some names from our communication lists. We did not want to have to do this but have no alternative if we have not received a completed form. If you know of anyone who is complaining that they have not received a Pew Sheet or other information please ask them to get in touch either with Lisa Hicks lisa.hicks@live.co.uk or me. Canon Pauline.

Safeguarding

Prior to moving to his new Benefice, Rev Chris wrote to as many people as he could regarding their Safeguarding training. Lisa sent out the letter from Rev Chris via email. It has come to our attention that a few people are confused about the letters they received and are unsure what level of training they are required to complete. In brief summary the training levels are:

Basic – any person in church who holds a role, for example Welcomer, Flower Arranger, Cleaners, Choir members And many more

Foundation – All PCC members, Group helpers for example messy church helpers

C2 Leadership – Church Wardens, Elders, Group Leaders for example Choir leaders, Messy Church Leaders

This is only a brief summary so if you are unsure about what level of training you are required to complete please go to <https://www.cofesuffolk.org/for-parishes/promoting-a-safer-church/safeguarding-training/> for more details.

If you are unsure if your training is due for renewal, or have any other questions, please contact: lisa.hicks@live.co.uk Lisa is a volunteer trainer for our Benefice so will do her best to assist, or direct you to others who can.

Dates:

Sunday 11th April 11.00am Holy Communion, Great Finborough [Booking essential with Nigel 675344]

Monday 12th April 7.30pm Combs APCM on Zoom contact Pauline for the link.

Sunday 18th April 11.00am Holy Communion, Combs [Booking essential with Jenny 615956]

Sunday 25th April 11.00am Holy Communion, Buxhall [Booking essential with David 737405]

Bible Study Group

We hold a Bible Study on Zoom every Wednesday at 4.00pm.

The link for joining the study group is

<https://us02web.zoom.us/j/84552090965?pwd=T25ER2VidUVmMjZkcWRRVjhzWk15dz09>

Meeting ID: 845 5209 0965

Passcode: 306147

Wednesday and Saturday Morning Prayer on Zoom 10am

Here is the link

<https://us02web.zoom.us/j/84537834344?pwd=dmZRdXpkbXNpUk15aVNjdzMwdmg5dz09>

Meeting ID: 845 3783 4344

Passcode: 916836

Mondays at 4pm

On Zoom each week for anyone who wishes to join for an informal chat with a cup of tea and biscuit. Here is the Zoom link to join and see who is there.

<https://us02web.zoom.us/j/81252048919?pwd=N1NHL2pQN2NTVGwwOHBBa1IPVIRsdz09>

Meeting ID: 812 5204 8919

Passcode: 118064



All are welcome



A free phonenumber of hymns,
reflections and prayers



Please remember the families and loved ones of those who have recently died

Roland Rose

May he Rest in Peace and Rise in Glory

All events are subject to change according to regulation

As a Group of Churches we are committed to promoting a 'Safer Church' for all. Information relating to Safeguarding is available in all our churches and from our Diocesan Website

<https://www.cofesuffolk.org/safeguarding>

This pew sheet is also now published on village websites including Combs Village

<http://www.combsvillage.org.uk/st-marys-church/pew-sheets/>

Associate Priest: Rev Canon Pauline Higham 01449 771791 paulinehigham@googlemail.com

Rural Dean: Revd Canon Diane Williams 01449 720316