

# The Finborough and Combs News Sheet

Combs with Gt and Lt Finborough, Buxhall, Onehouse, Harleston and Shelland

**WELCOME** as we keep in touch,  
pray and support each other



## 31st May 2020 Pentecost

As a result of the COVID 19 Virus our Services and the use of our buildings is suspended – but not our faith, common life, care for each other and our world.

**Continuing Church** Our Parish Zooms are open to all residents and look out for the invites. Please pass them on to others.

Please make contact if you know of anyone in difficulty either materially emotionally or spiritually. We are seeing a wonderful outpouring of support and organisation.

I hope many of you will join in the Zoom service of **Holy Communion at 10am**. If you have not received the link please let me know by e mail as soon as possible. You might like to light a candle. Following Orthodox tradition, you may wish to join us with a piece of bread as the '**Bread of Fellowship**' given to those in their churches who do not receive the Sacrament. Some of you might like to join in the prayers for **Spiritual Communion** available at

<https://www.churchofengland.org/sites/default/files/2020-03/Guidance%20on%20Spiritual%20Communion%20and%20Coronavirus.pdf>

### **Coronavirus Liturgy and Prayer is at**

<https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/coronavirus-covid-19-liturgy-and-prayer>

**Youth and Children Ministry** continues on line, music and activities are available

**Morning Prayer** on Zoom – Wednesdays and Saturdays at 10am..

**Bible Study** on Zoom 4pm on Wednesdays. Please contact Chris for Log in details

### **Collect for today**

Holy Spirit, sent by the Father  
Ignite in us your holy fire:  
Strengthen your children with the gift of faith  
Revive your church with the breath of Love  
And renew the face of the earth  
Through Jesus Christ our Lord Amen

## Readings

### New Testament Acts 2.1-21

When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.



Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs—in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel: 'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams. Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist. The sun shall be turned to darkness and the moon to blood, before the coming of the Lord's great and glorious day. Then everyone who calls on the name of the Lord shall be saved.'

### The Holy Gospel John 20:19-23

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

**This is the Gospel of the Lord.**

### Intercessions

We pray for God to fill us with his Spirit.

Generous God,  
we thank you for the *power* of your Holy Spirit.  
We ask that we may be strengthened to serve you better. (*Silence*)  
Lord, come to bless us  
**and fill us with your Spirit.**



We thank you for the *wisdom* of your Holy Spirit.  
We ask you to make us wise to understand your will. (*Silence*)  
Lord, come to bless us  
**and fill us with your Spirit.**

We thank you for the *peace* of your Holy Spirit.  
We ask you to keep us confident of your love wherever you call us. (*Silence*)  
Lord, come to bless us  
**and fill us with your Spirit.**

We thank you for the *healing* of your Holy Spirit.  
We ask you to bring reconciliation and wholeness  
where there is division, sickness and sorrow. (*Silence*)  
Lord, come to bless us  
**and fill us with your Spirit.**

We thank you for the *gifts* of your Holy Spirit.  
We ask you to equip us for the work which you have given us. (*Silence*)  
Lord, come to bless us  
**and fill us with your Spirit.**

We thank you for the *fruit* of your Holy Spirit.  
We ask you to reveal in our lives the love of Jesus. (*Silence*)  
Lord, come to bless us  
**and fill us with your Spirit.**

We thank you for always being *with* us  
We ask you especially to be with those who feel alone today  
And those who miss their loved ones. (*Silence*)  
Lord, come to bless us  
**and fill us with your Spirit.**

We thank you for the *breath* of your Holy Spirit,  
given us by the risen Lord.  
We ask you to keep the whole Church, living and departed,  
in the joy of eternal life. (*Silence*)  
Lord, come to bless us  
**and fill us with your Spirit.**

Generous God,  
you sent your Holy Spirit upon your Messiah at the river Jordan,  
and upon the disciples in the upper room:  
in your mercy fill us with your Spirit,  
**hear our prayer,  
and make us one in heart and mind  
to serve you with joy for ever. Amen.**

## **Christian Aid Week**

**Thank you to those PCC's and individuals who have donated,**  
you all have until the 30th June as churches or individually.  
[justgiving.com/campaign/CAWeek2020](http://justgiving.com/campaign/CAWeek2020) or [christianaid.org.uk](http://christianaid.org.uk). Further details from  
local organiser Jane [janestretch@btinternet.com](mailto:janestretch@btinternet.com) There is also a short video available.



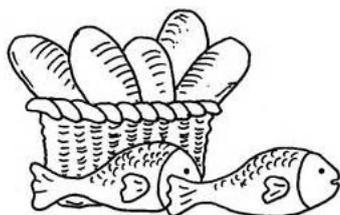
**Join us at 4pm today**



**Catching the Fire of Pentecost:  
Online Celebration  
of Mission Across the Diocese**

A Special service of Pentecost Worship for all led by Bishops Martin and Mike

Main link for the streamed Diocesan Service on Pentecost Sunday  
is <https://www.facebook.com/stedscathedral/live> Or [www.light-wave.org/catchingthefire](http://www.light-wave.org/catchingthefire).



Your donations are very gladly received at this time of considerable need either by being left at the Supermarket in the box provided or in the Box outside the Food Bank in the Community Centre Hillside Stowmarket between 9 and 1 each weekday.

**Stowmarket Foodbank**  
Supporting individuals and families in crisis

**URGENT NEEDS THIS WEEK** are tinned sponge pudding and packets of pasta in sauce THANK YOU.



**Men's Breakfast on Zoom**

**Saturday 6th June - 9am** – what would you like to keep from these 'lockdown' weeks? If you would like to join I will send you the link.

**The Rural Coffee caravan ladies write**...Patience wearing thin or enjoying the abundance of extra time at home?! Are you getting a little bit fed up or bored with the regular telephone conversations with family or friends? Nothing much to talk about, you've said it all before in previous conversations -well if you would like to talk to someone different, then give Elaine 07494 570 905 or myself Diana 07494 572 153 a call.

**Please remember the families and loved ones of those recently died and whose funerals are on**

Mary Jones aged 82 (Stowupland) 4th June West Suffolk Crematorium,

**May they Rest in Peace and Rise in Glory**

As a Group of Churches we are committed to promoting a 'Safer Church' for all.  
Information relating to Safeguarding is available in all our churches and from our Diocesan Website  
<https://www.cofesuffolk.org/safeguarding>

This pew sheet is also now published on village websites including Combs Village by popular request!  
<http://www.combsvillage.org.uk/st-marys-church/pew-sheets/>

**Rector: Rev Christopher Childs - 01449 673280**  
**Associate Rector Rev Canon Pauline Higham 01449 771791**

All information to [combsandfinboroughparishes@aol.com](mailto:combsandfinboroughparishes@aol.com) by  
Monday for inclusion in the following Sunday's news sheet

**If you would like this Pew Sheet e-mail**