

# The Combs and Finborough News Sheet

Combs with Gt and Lt Finborough, Buxhall, Onehouse, Harleston and Shelland

**WELCOME** as we keep in touch, pray and support each other.



**21<sup>st</sup> March 2021** Fifth Sunday of Lent

**Welcome** to the **Zoom service of Holy Communion**. You might like to light a candle. Following Orthodox tradition you may wish to join us with a piece of bread as the 'Bread of Fellowship' given to those in their churches who do not receive the Sacrament.

## Collect for today

Gracious Father,  
you gave up your Son  
out of love for the world:  
lead us to ponder the mysteries of his passion,  
that we may know eternal peace  
through the shedding of our Saviour's blood,  
Jesus Christ our Lord.

**Amen**



## Readings

### The Old Testament lesson is taken from Jeremiah 31:31-34

<sup>31:31</sup> The days are surely coming, says the LORD, when I will make a new covenant with the house of Israel and the house of Judah.

<sup>31:32</sup> It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt--a covenant that they broke, though I was their husband, says the LORD.

<sup>31:33</sup> But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people.

<sup>31:34</sup> No longer shall they teach one another, or say to each other, "Know the LORD," for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and remember their sin no more.

This is the word of the Lord **Thanks be to God**

### Holy Gospel is from John Chapter 12 verses 20-33: **Glory to you O Lord**

<sup>12:20</sup> Now among those who went up to worship at the festival were some Greeks.

<sup>12:21</sup> They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus."

<sup>12:22</sup> Philip went and told Andrew; then Andrew and Philip went and told Jesus.

<sup>12:23</sup> Jesus answered them, "The hour has come for the Son of Man to be glorified.

<sup>12:24</sup> Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit.

<sup>12:25</sup> Those who love their life lose it, and those who hate their life in this world will keep it for eternal life.

<sup>12:26</sup> Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour.

<sup>12:27</sup> "Now my soul is troubled. And what should I say--' Father, save me from this hour'? No, it is

for this reason that I have come to this hour.

12:28 Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again."

12:29 The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him."

12:30 Jesus answered, "This voice has come for your sake, not for mine.

12:31 Now is the judgment of this world; now the ruler of this world will be driven out.

12:32 And I, when I am lifted up from the earth, will draw all people to myself."

12:33 He said this to indicate the kind of death he was to die.

This is the Gospel of the Lord. **Praise to you O Christ**

## **Intercessions**

*Sir, we would see Jesus.*

We pray for the whole church, all leaders and ministers, and all the holy people of God. Today in the world-wide church we remember The Church of England and Archbishops Justin Welby and Stephen Cottrell, for the Diocese of Kegeera. In our Diocese for Bishops Martin and Mike and the parishes of Leiston and Sizewell and Richard and Morag Finch who minister there.

Wash us through and through,  
**And cleanse us from our sin.**

We pray for our nation, for all the nations of the earth, and for all who govern and judge.

Purge us from our sin,  
**And we shall be pure.**

We pray for those who hunger, those who thirst, those who cry out for justice, those who live under the threat of terror, and those without a place to lay their head.

Make them hear of joy and gladness,  
**that those who are broken may rejoice.**

We pray for those who are ill, those in pain, those under stress, and those who are lonely.

Give them the joy of your saving help,  
**and sustain them with your bountiful Spirit.**

In this season of Lent we pray for those who prepare for baptism, and we pray that we all might be given the grace and strength to repent and grow closer to you, O God.

Create in us clean hearts, O God,  
**and renew a right spirit within us.**

We pray for those who have died, (especially \_\_\_\_\_ ) and who have entered into the land of eternal Light and your abiding peace.

Cast them not away from your presence,  
**and take not your Holy Spirit from them.**

Lord Jesus, you taught your disciples that unless a grain of wheat falls into the earth and dies it remains just a single grain, but if it dies it bears much fruit; as we prepare our hearts to remember your death and resurrection, grant us the strength and wisdom to serve and follow you, this day and always.

[Vacancy or Interregnum Prayer]

Dear Lord, call to our churches a true Shepherd,  
a man or woman of God, a minister of Christ, and make us, with him or her,  
a church joyful in worship and united in witness, working, caring, praising, loving,  
to the glory of your Name, through Christ Our Lord.

Merciful Father,  
**accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen**

**Stowmarket Foodbank**  
Supporting individuals and families in crisis

Your donations are very gladly received at this time of considerable need either by being left at a Supermarket in the box provided or in the Box outside the Food Bank in the Community Centre Hillside Stowmarket between 9 and 1 each weekday.

**Monetary donations may be made through kindlink which can be reached by their website: [www.livingit.org.uk](http://www.livingit.org.uk) There is a red donate button.**

I am available together with Rev Alison and members of the Ministry Team for conversations with any one of you. It is a worrying and most difficult time. The Churchwardens and PCC Chairpersons are meeting to consider how best to respond to the present situation and I know many of you are doing all you can to support those in need both financially and perhaps more importantly with your time. All of us much regret that we do not feel it wise to open our churches for worship, but please watch this space. We will as soon as we can. Canon Pauline

### **GDPR [Time is running out!]**

We all know that form filling is a pain but this is for the protection of all of us. If we are to be able to communicate with you we need to have a GDPR [Data Protection] form from each of you. It gives us permission to keep your data, e.g. name, address, e-mail, phone number and the way you wish us to be able to communicate with you. If you have not yet completed a GDPR form please contact Lisa or Pauline to either check if you have completed one or if you can't remember doing it please ask and we can check and make sure that our list is up to date. We need this to be completed by the end of March 2021 in order to be able to keep sending you this Pew Sheet either by post or e-mail and the links for Zoom meetings and services [and technically also to be able to phone you!]. If you have changed your e-mail or postal address or phone number from the last form you submitted we unfortunately need a new one. This is important for us as a Benefice as it means we can keep in touch. Thank you for your forbearance, Canon Pauline.

### **Safeguarding**

Prior to moving to his new Benefice, Rev Chris wrote to as many people as he could regarding their Safeguarding training. Lisa sent out the letter from Rev Chris via email. It has come to our attention that a few people are confused about the letters they received and are unsure what level of training they are required to complete. In brief summary the training levels are:

**Basic** – any person in church who holds a role, for example Welcomer, Flower Arranger, Cleaners, Choir members .... And many more

**Foundation** – All PCC members, Group helpers for example messy church helpers

**C2 Leadership** – Church Wardens, Elders, Group Leaders for example Choir leaders, Messy Church Leaders

This is only a brief summary so if you are unsure about what level of training you are required to complete please go to <https://www.cofesuffolk.org/for-parishes/promoting-a-safer-church/safeguarding-training/> for more details.

If you are unsure if your training is due for renewal, or have any other questions, please contact: [lisa.hicks@live.co.uk](mailto:lisa.hicks@live.co.uk) Lisa is a volunteer trainer for our Benefice so will do her best to assist, or direct you to others who can.

**Dates: Tuesday 23<sup>rd</sup> March 7.30** Section 11 Zoom Meeting for all PCC members with the Rural Dean

### **Holy Week**

Palm Sunday 28<sup>th</sup> March 9.30 am Spiritual Communion [Zoom]; 7.00 pm Deanery Service [Zoom]

Monday 29<sup>th</sup> March 7.30 pm Compline Service [Zoom]

Tuesday 30<sup>th</sup> March 7.30 pm Compline Service [Zoom]

Wednesday 31<sup>st</sup> March 7.30 pm Filling Station Service [Zoom]

Maundy Thursday 1<sup>st</sup> April 11.00 am Chrism Service from the Cathedral [Zoom]

8.00 pm Spiritual Communion [Zoom]

Good Friday 2<sup>nd</sup> April 2.00 pm An Hour before the Cross [Zoom]

Saturday 3<sup>rd</sup> April 4.00 pm Messy Church on Zoom

## Lent Study Group

We are holding a Lent Study Group on Zoom every Wednesday in Lent at 4.00pm.

The course we are following is "Living Lent with Mark" the link for which is below

<https://d3hgrrlq6yacptf.cloudfront.net/5f214e41ab1e4/content/pages/documents/1591624689.pdf>

The link for joining the study group is

<https://us02web.zoom.us/j/83457517641?pwd=UzIBcTQ4OHhVdGNadTdOMUFXK0VDUT09>

Meeting ID: 834 5751 7641

Passcode: 569476

If you would like a printed copy of the study material please let Canon Pauline know.

## Mondays at 4pm

On Zoom each week for anyone who wishes to join for an informal chat with a cup of tea and biscuit.

This is going well

Contact details from Canon Pauline or Lisa

All most welcome



A free phonenumber of hymns, reflections and prayers



**Please remember the families and loved ones of those who have recently died**

Mary Hartley, Jean Williams, Roland Rose.

**May they Rest in Peace and Rise in Glory**

*All events are subject to change according to regulation*

*Morning Prayer on Wednesdays and Saturdays at 10am, Bible study continues on Wednesdays at 4pm on Zoom – please ask for details*

As a Group of Churches we are committed to promoting a 'Safer Church' for all.  
Information relating to Safeguarding is available in all our churches and from our Diocesan Website

<https://www.cofesuffolk.org/safeguarding>

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**Rural Dean: Revd Canon Diane Williams 01449 720316**