

# The Finborough and Combs News Sheet

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Combs with Gt and Lt Finborough, Buxhall, Onehouse, Harleston and Shelland

**WELCOME** as we keep in touch,  
pray and support each other



## **24th May 2020 7th of Easter Sunday after Ascension Day**

As a result of the COVID 19 Virus our Services and the use of our buildings is suspended – but not our faith, common life, care for each other and our world.

**Continuing Church** Our Parish Zooms are open to all residents and look out for the invites. Please pass them on to others.

Please make contact if you know of anyone in difficulty either materially emotionally or spiritually. We are seeing a wonderful outpouring of support and organisation.

I hope many of you will join in the Zoom service of **Holy Communion at 10am**. If you have not received the link please let me know by e mail as soon as possible. Clearly there was an Internet problem for some last week which I believe is resolved. You might like to light a candle. Following Orthodox tradition, you may wish to join us with a piece of bread as the '**Bread of Fellowship**' given to those in their churches who do not receive the Sacrament. Some of you might like to join in the prayers for **Spiritual Communion** available at

<https://www.churchofengland.org/sites/default/files/2020-03/Guidance%20on%20Spiritual%20Communion%20and%20Coronavirus.pdf>

### **Coronavirus Liturgy and Prayer is at**

<https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/coronavirus-covid-19-liturgy-and-prayer>

**Youth and Children Ministry** continues on line, music and activities are available

### **Collect for today**

O God, the King of glory,  
you have exalted your Son Jesus Christ  
with great triumph to your kingdom in heaven:  
we beseech you, leave us not comfortless,  
but send your Holy Spirit to strengthen us  
and exalt us to the place  
where our Saviour Christ is gone before,  
who is alive and reigns with you,  
in the unity of the Holy Spirit  
one God, now and forever. Amen

## Readings

### New Testament Acts 1.6-14

<sup>6</sup>When they therefore were come together, they asked of him, saying, Lord, wilt thou at this time restore again the kingdom to Israel?

<sup>7</sup>And he said unto them, It is not for you to know the times or the seasons, which the Father hath put in his own power.

<sup>8</sup>But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

<sup>9</sup>And when he had spoken these things, while they beheld, he was taken up; and a cloud received him out of their sight.

<sup>10</sup>And while they looked stedfastly toward heaven as he went up, behold, two men stood by them in white apparel;

<sup>11</sup>Which also said, Ye men of Galilee, why stand ye gazing up into heaven? this same Jesus, which is taken up from you into heaven, shall so come in like manner as ye have seen him go into heaven.

<sup>12</sup>Then returned they unto Jerusalem from the mount called Olivet, which is from Jerusalem a sabbath day's journey.

<sup>13</sup>And when they were come in, they went up into an upper room, where abode both Peter, and James, and John, and Andrew, Philip, and Thomas, Bartholomew, and Matthew, James the son of Alphaeus, and Simon Zelotes, and Judas the brother of James.

<sup>14</sup>These all continued with one accord in prayer and supplication, with the women, and Mary the mother of Jesus, and with his brethren.

### The Holy Gospel John 17.1-11

These words spake Jesus, and lifted up his eyes to heaven, and said, Father, the hour is come; glorify thy Son, that thy Son also may glorify thee:

<sup>2</sup>As thou hast given him power over all flesh, that he should give eternal life to as many as thou hast given him.

<sup>3</sup>And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.

<sup>4</sup>I have glorified thee on the earth: I have finished the work which thou gavest me to do.

<sup>5</sup>And now, O Father, glorify thou me with thine own self with the glory which I had with thee before the world was.

<sup>6</sup>I have manifested thy name unto the men which thou gavest me out of the world: thine they were, and thou gavest them me; and they have kept thy word.

<sup>7</sup>Now they have known that all things whatsoever thou hast given me are of thee.



<sup>8</sup>For I have given unto them the words which thou gavest me; and they have received them, and have known surely that I came out from thee, and they have believed that thou didst send me.

<sup>9</sup>I pray for them: I pray not for the world, but for them which thou hast given me; for they are thine.

<sup>10</sup>And all mine are thine, and thine are mine; and I am glorified in them.

<sup>11</sup>And now I am no more in the world, but these are in the world, and I come to thee. Holy Father, keep through thine own name those whom thou hast given me, that they may be one, as we are.

**This is the Gospel of the Lord.**

## **Intercessions**

As we rejoice in the ascension,  
We give thanks for men and women of vision,  
for those who have shared their faith with us.  
We remember all whose lives are clouded by doubt or despair.  
We pray for those who feel life is dull,  
that they may come to know  
the joy of the presence of the ascended Lord.  
Lord, empower your Church  
To proclaim the good news of your saving acts. *(Silence)*



Lord with us always  
**Hear us and help us.**

As we rejoice in your presence,  
we remember all who feel lonely and neglected in our world.  
We ask your blessing on all who are oppressed  
and those who are struggling to survive.  
We pray for all who are caught up in violence and war,  
and for those not at peace with each other,  
with themselves and with you. *(Silence)*

Lord with us always  
**Hear us and help us.**

As we rejoice in your love,  
we remember our loved ones,  
our homes and our families.  
We pray for our communities.  
We ask your blessing  
upon all who strive to brighten the world  
by their dedication and goodness,  
by their faith and willingness to sacrifice. *(Silence)*

Lord with us always  
**Hear us and help us**

As we rejoice in your power,  
we remember all those whose powers are waning,  
the elderly and infirm  
and all who are disabled.

We ask your blessing on all who are ill  
especially those who we name in the silence of our hearts  
and those suffering from this present virus.  
May they find courage and hope in you  
and in your abiding love. (*Silence*)

Lord with us always  
**Hear us and help us**

We rejoice that you are our great High Priest,  
who ascended into heaven,  
and that you are at the right hand of God  
making intercession for us.  
May our loved ones departed and all your faithful  
rejoice in you and rest in the glory of Your Kingdom (*Silence*)

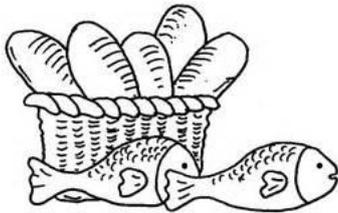
Merciful Father  
**Accept these prayers  
For the sake of your Son,  
Our saviour Jesus Christ. Amen**

**Christian Aid Week** is past but until 30th June you may still donate via [throughjustgiving.com/campaign/CAWeek2020](https://throughjustgiving.com/campaign/CAWeek2020) or [christianaid.org.uk](https://christianaid.org.uk). Further details from local organiser Jane [janestretch@btinternet.com](mailto:janestretch@btinternet.com) There is also a short video available.  
**Thank you to those who joined in the Quiz which was great.**



**Thy Kingdom Come** 21st to 31st May 2020 is a global prayer movement that invites Christians around the world to pray for more people to come to know Jesus. What started in 2016 as an invitation from the Archbishops of Canterbury and York to the Church of England has grown into an international and ecumenical call to prayer. **Join us on**

**Wednesdays and Saturday** as below – other material at <https://www.thykingdomcome.global/prayer-resources>



Your donations are very gladly received at this time of considerable need either by being left at the Supermarket in the box provided or in the Box outside the Food Bank in the Community Centre Hillside Stowmarket between 9 and 1 each weekday.

**Stowmarket Foodbank**  
Supporting individuals and families in crisis

**URGENT NEEDS THIS WEEK** are tinned carrots and potatoes, sponge puddings, instant 'mash' and instant custard. THANK YOU.



**Men's Breakfast on Zoom**  
**Saturday 6th June - 9am** – details to follow



### Daily Quarantine Faith Question

The Diocesan Spirituality Group has produced 'Daily Quarantine Faith Questions.' It provides a bible verse and a question to prompt some reflection. Please speak to me or Pauline if you would like further details



**The Rural Coffee caravan ladies write...** Patience wearing thin or enjoying the abundance of extra time at home?! Are you getting a little bit fed up or bored with the regular telephone conversations with family or friends? Nothing much to talk about, you've said it all before in previous conversations -well if you would like to talk to someone different, then give Elaine 07494 570 905 or myself Diana 07494 572 153 a call.



**Morning Prayer** on Zoom – Wednesdays **and** Saturdays at 10am..  
**Bible Study** on Zoom 4pm on Wednesdays. Please contact Chris for Log in details

**Please remember the families and loved ones of those recently died and whose funerals are on**

26th May Sylvia Joan Brown aged 93 (Stowmarket) West Suffolk Crematorium  
27th May Leslie Dawson aged 96 (Buxhall)

**May they Rest in Peace and Rise in Glory**

As a Group of Churches we are committed to promoting a 'Safer Church' for all.  
Information relating to Safeguarding is available in all our churches and from our Diocesan Website  
<https://www.cofesuffolk.org/safeguarding>

This pew sheet is also now published on village websites including Combs Village by popular request!  
<http://www.combsvillage.org.uk/st-marys-church/pew-sheets/>

**Rector: Rev Christopher Childs - 01449 673280**  
**Associate Rector Rev Canon Pauline Higham 01449 771791**

All information to [combsandfinboroughparishes@aol.com](mailto:combsandfinboroughparishes@aol.com) by Monday for inclusion in the following Sunday's news sheet

**If you would like this Pew Sheet e-mail**