

# The Finborough and Combs News Sheet

Combs with Gt and Lt Finborough, Buxhall, Onehouse, Harleston and Shelland

**WELCOME** as we keep in touch,  
pray and support each other and are  
**Back to Church**



## 2nd August 2020 8th Sunday of Trinity

It was wonderful to be able to be together last Sunday in St Mary's Combs and we were pleased to see people from other parishes. Our worship is constrained by regulation but several felt emotional as we physically met together again. It seems it will be many months before we can safely return to the small church buildings but please join in at Combs, Gt Finborough and Buxhall where the church officers work hard to keep you safe and welcome. Outdoor services are elsewhere.

Please speak to the clergy (Rev Alison firstly for Combs) if you know of anyone in difficulty either materially emotionally or spiritually.

**Welcome also to the Zoom** service which will continue at 9.30am You might like to light a candle. Following Orthodox tradition, you may wish to join us with a piece of bread as the '**Bread of Fellowship**' given to those in their churches who do not receive the Sacrament.

**Churches Open** Saturday 10-12 and Tuesday 2-4 **St Andrews Gt Finborough**  
and Wednesdays 2.30-4.30pm (*Note Change*) **St Mary's Combs**

**Morning Prayer** on Zoom – Wednesdays and Saturdays at 10am..

**Bible Study** on Zoom 4pm on Wednesdays – lead by Canon Pauline.

**Other on line worship** and resources are available via the Diocesan Website

[www.cofesuffolk.org](http://www.cofesuffolk.org) or St Edmundsbury Cathedral

[www.stedscathedral.org/](http://www.stedscathedral.org/)

### Collect for today

Lord God,  
Your son left the riches of heaven  
and became poor for our sake:  
when we prosper save us from pride,  
when we are needy save us from despair,  
that we may trust in you alone;  
through Jesus Christ Our Lord **Amen**



## Readings

### Epistle is taken from Genesis Ch 32. 22-31

<sup>22</sup>The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. <sup>23</sup>He took them and sent them across the stream, and likewise everything that he had.

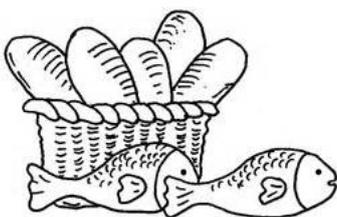
<sup>24</sup>Jacob was left alone; and a man wrestled with him until daybreak. <sup>25</sup>When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. <sup>26</sup>Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." <sup>27</sup>So he said to him, "What is your name?" And he said, "Jacob." <sup>28</sup>Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." <sup>29</sup>Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. <sup>30</sup>So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." <sup>31</sup>The sun rose upon him as he passed Penuel, limping because of his hip.

This is the Word of the Lord **Thanks be to God**

### Holy Gospel Matthew 14.13-21 Glory to You, O Lord

<sup>13</sup>Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. <sup>14</sup>When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. <sup>15</sup>When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." <sup>16</sup>Jesus said to them, "They need not go away; you give them something to eat." <sup>17</sup>They replied, "We have nothing here but five loaves and two fish." <sup>18</sup>And he said, "Bring them here to me." <sup>19</sup>Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. <sup>20</sup>And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. <sup>21</sup>And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord. **Praise to you O Christ**



Your donations are very gladly received at this time of considerable need either by being left at the Supermarket in the box provided or in the Box outside the Food Bank in the Community Centre Hillside Stowmarket between 9 and 1 each weekday. **Monetary donations may be made through kindlink which can be reached by their website: [www.livingit.org.uk](http://www.livingit.org.uk) and Foodbank area! There is a red**

**Stowmarket Foodbank**

Supporting individuals and families in crisis

donate button.

**URGENT NEEDS THIS WEEK** Sugar, Tinned tuna and tinned spaghetti in tomato sauce.  
THANK YOU

## Intercessions

We have come together  
to meet with our God in worship.  
Let us pray to him now.

Lord, awaken in us our need of you  
and make us hungry and thirsty for you,  
both as individuals  
and as the church of God.  
Let no other issues side-track us from  
seeing you,  
and increase our love and compassion  
so that we long to serve out your love  
in the world around us. *(silence)*

Bread of heaven:  
**on you we feed**

Lord, as we eat our food this week,  
remind us of your spiritual feeding.  
May the meals we prepare and eat together  
be opportunities for drawing closer  
To one another and to you *(silence)*

Bread of heaven:  
**on you we feed**

Lord, we pray for all  
who are in need of medical treatment  
or are waiting in pain for surgery.  
We pray for those anxious  
and living with long term conditions.  
We pray for those  
who have become addicted  
and long to be set free.  
We pray for all whose wrong choices  
have ended in heartache disillusion and  
despair. *(silence)*

## August Services:-

**Zoom services continue at 9.30am each Sunday** Access contact [revcchilds@aol.com](mailto:revcchilds@aol.com)

9th	11am Holy Communion Combs	6pm Evening Worship Lt Finboro'
16th	11am Holy Communion Gt Finbro'	6pm Evening Worship Harleston
23rd	11am Holy Communion Combs	6pm Evening Worship Shelland
30th	11am Holy Communion Gt Finbro'	6pm Evening Prayer Onehouse
6th Sept	11am Holy Communion Buxhall	



Bread of heaven:  
**on you we feed**

Lord, allow our world to see  
the true value of things, so that  
the worthless and dangerous is unmasked  
and real needs acknowledged.  
Guide our leaders in wisdom and integrity,  
and enable us all  
to cooperate in proper care  
and stewardship of the world's resources.  
*(silence)*

Bread of heaven:  
**on you we feed**

Lord, welcome into your eternity  
all who have spent their lives coming to you  
and now come to be with you forever  
especially those who we now remember.  
Have mercy on those now approaching  
death  
who do not know you  
but reject what they imagine you to be.  
May they respond to the true and living God  
and know your love forever

Lord, thank you for feeding us  
with spiritual food that satisfies our souls.

Merciful Father  
**Accept these prayers  
For the sake of your Son,  
Our saviour Jesus Christ. Amen.**

**Evening Services are probably in the Churchyards - BYO seats**

**You are very welcome. There is no requirement to 'receive' Holy Communion**

**Sadly there is no singing or refreshments and Social Distancing has to be maintained.**

**For Children during the Holidays.....**

**God Loved us so much.....**



Is the theme of our 'socially distanced' activity

See Facebook pages for Combs and Gt Finborough Churches and A Church Near You site and Posters

There will be a special activity for families to engage with between 2 and 4pm in –

**Gt Finborough Churchyard Monday to Friday 10th to 14th August**

**Combs**

**Churchyard**

**17th to 21st August**

We cannot come together and sing or do any of the exciting thing we have become used to but...come and see – Prizes.....



**Please remember the families and loved ones of those recently died and whose funerals are soon**

Donald Griffiths aged 93

Mary Hammond aged 88

**May they Rest in Peace and Rise in Glory**



**Thank you to those continuing to make donations to their Churches  
They are still there.....**

As a Group of Churches we are committed to promoting a 'Safer Church' for all.  
Information relating to Safeguarding is available in all our churches and from our Diocesan Website

<https://www.cofesuffolk.org/safeguarding>

This pew sheet is also now published on village websites including Combs Village by popular request!

<http://www.combvillage.org.uk/st-marys-church/pew-sheets/>

**Rector: Rev Christopher Childs - 01449 673280**

**Associate Rector Rev Canon Pauline Higham 01449 771791**

All information to [combsandfinboroughparishes@aol.com](mailto:combsandfinboroughparishes@aol.com)