

The Finborough and Combs News Sheet

Combs with Gt and Lt Finborough, Buxhall, Onehouse, Harleston and Shelland

WELCOME as we keep in touch,
pray and support each other



19th April 2020 Easter 1

As a result of the COVID 19 Virus our services of worship and the use of our churches is suspended – but not our faith, our common life, our care for each other and our world.

Pauline, Alison and I are in touch with or know the leaders in each of our communities who are prepared to assist those self-isolating or otherwise. Please make contact if you know of anyone in difficulty either materially emotionally or spiritually. There have been some surprising cases. We are seeing a wonderful outpouring of support and organisation. Thank you all.

There will be a service of **Holy Communion** on behalf of us all today at 11am. We can be with Pauline in Spirit by using the Readings below, your own Orders of Service and listening to the sermon and the music on the link shown on the e mail. You might like to wear something white/gold and light a candle. **Following Orthodox tradition**, you may wish to join us with a piece of bread as the 'Bread of Fellowship' given to those in their churches who do not receive the Sacrament. **Some of you might like to join in the prayers for Spiritual Communion available at**

<https://www.churchofengland.org/sites/default/files/2020-03/Guidance%20on%20Spiritual%20Communion%20and%20Coronavirus.pdf>

Collect

Almighty Father,
you have given your only son to die for our sins
and to rise again for our justification:
grant us to put away the leaven of malice and
wickedness
that we may always serve you
in pureness of living and truth;
through the merits of your Son, Jesus Christ our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God now and forever. Amen



Acts 2.14a,22-33 Peter Addresses the Crowd

But Peter, standing with the eleven, raised his voice and addressed them: 'Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say.

'You that are Israelites, listen to what I have to say: Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know— this man, handed over to you according to the definite plan and foreknowledge of God, you crucified and killed by the hands of those outside the law. But God raised him up, having freed him from death, because it was impossible for him to be held in its power. For David says concerning him,

"I saw the Lord always before me,
for he is at my right hand so that I will not be shaken;
therefore my heart was glad, and my tongue rejoiced;
moreover, my flesh will live in hope.

For you will not abandon my soul to Hades,
or let your Holy One experience corruption.
You have made known to me the ways of life;
you will make me full of gladness with your presence."

'Fellow Israelites, I may say to you confidently of our ancestor David that he both died and was buried, and his tomb is with us to this day. Since he was a prophet, he knew that God had sworn with an oath to him that he would put one of his descendants on his throne. Foreseeing this, David spoke of the resurrection of the Messiah, saying,

"He was not abandoned to Hades,
nor did his flesh experience corruption."

This Jesus God raised up, and of that all of us are witnesses. Being therefore exalted at the right hand of God, and having received from the Father the promise of the Holy Spirit, he has poured out this that you both see and hear.

The Gospel John 20.19-31

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, 'Peace be with you.' After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.' When he had said this, he breathed on them and said to them, 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.'

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, 'We have seen the Lord.' But he said to them, 'Unless I see the mark of the nails in his hands and put my finger in the mark of the nails and my hand in his side, I will not believe.'

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, 'Peace be with you.' Then he said to Thomas, 'Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe.' Thomas answered him, 'My Lord and my God!' Jesus said to him, 'Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.' Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

This is the Gospel of the Lord

Intercessions *Wherever we are God is with us*

We bring to you, Lord,
the church in all its richness and need:
in all its diversity and today's isolation.
give us a fresh understanding
of what it means to live in you;
may all of us – celebrate the reality
of your presence among us, filling us with new life and hope. *(keep silence)*



We bring to you, Lord, our nation and our world, especially at this time:
all those who are shut in and in fright and fear,
all the bewildered and confused,
about their health and that of loved ones
all the doubt and insecurity,
and all the searching for inner peace. *(keep silence)*

We pray for those seeking a cure for the present virus
and for those who work to keep us safe and cared for
especially in the local community *(keep silence)*

We bring to you, Lord, our homes and families,
and all the joys and sorrows of our relationships.
we bring the rooms in which we work, eat, relax and sleep
we invite you into them all. *(keep silence)*

We bring to you, Lord
those whom life has damaged,
and all who find it difficult to trust in you:
we bring you those who need refreshment and hope,
comfort, healing and inner serenity.
We bring before you the sick
especially those known to us whom we now name *(keep silence)*

We bring to you, Lord,
those who approach death with great fear
those whose loved ones cannot be with them
and those who die unprepared to meet you.
have mercy on us all, forgive us all that is past
and gather us into your everlasting kingdom
of peace and joy *(keep silence)*

We bring to you, Lord
the love of our hearts our doubts our fears
because we know Lord that you understand our frailty,
can strengthen our faith and speak to us where we are *(keep silence)*

Merciful Father,
Accept these prayers
For the sake of your Son
Our Lord Jesus Christ Amen

Coronavirus Liturgy and Prayer is at <https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/coronavirus-covid-19-liturgy-and-prayer>

Jenny Straughier of Combs writes:-

There is a national initiative for **knitting bands** to help carers in homes and nurses to fasten more comfortably their PP Masks. They are simple to make: Knitted pattern is 4mm needles DK wool. Cast on 22 sts and knit 9 rows in garter (all plain cast off. Place a button the same size as the strip and sew in place.



Please phone me on 615956 If you haven't got buttons I have loads. I hope that those of us that cannot leave home would like to help our carers ears. Thank you

Please remember the families and loved ones of the following recently died and whose funerals are on

20th April Jeremy Brown aged 54 (Combs) funeral at West Suffolk Crematorium
24th April Dorothy Neares aged 86 interment at St Andrew's Gt Finborough
28th April Patricia Morley aged 79 (Combs) funeral at West Suffolk Crematorium
28th April Russel Friston aged 89 (Combs) funeral at West Suffolk Crematorium

May they Rest in Peace and Rise in Glory

As a Group of Churches we are committed to promoting a 'Safer Church' for all.
Information relating to Safeguarding is available in all our churches and from our Diocesan Website
<https://www.cofesuffolk.org.safeguarding>

This pew sheet is also now published on the Combs Village website by popular request!
<http://www.combsvillage.org.uk/st-marys-church/pew-sheets/>

Rector: Rev Christopher Childs - 01449 673280
Associate Rector Rev Canon Pauline Higham 01449 771791

All information to combsandfinboroughparishes@aol.com by
Monday for inclusion in the following Sunday's news sheet

If you would like this Pew Sheet e-mailed please ask!